

Weekly 20-Minute English Learning Plan

One Skill a Day • 20 Minutes a Day

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My Goal for This Week

My English goal:

Monday – Grammar

Goal: _____

- Learn one grammar rule
 - Read examples
 - Write 3 sentences
-

Tuesday – Vocabulary

Goal: _____

- Learn 5 new words
 - Write their meanings
 - Use them in sentences
-

Wednesday – Listening

Goal: _____

- Listen to English for 10 minutes
- Learn 3 new words or expressions
- Listen again to check understanding

Thursday – Speaking

Goal: _____

- Speak English for 20 minutes
 - Talk about your day, work, or plans
 - Focus on pronunciation
-

Friday – Reading

Goal: _____

- Read an article, story, or news report
 - Highlight new words
 - Write a one-sentence summary
-

Saturday – Writing

Goal: _____

- Write a short paragraph
 - Check spelling and grammar
 - Improve one sentence
-

Sunday – Review

Goal: _____

- Review grammar notes
- Review vocabulary
- Review writing
- Celebrate your progress

Weekly Completion Checklist

Day	Completed
Monday – Grammar	<input type="checkbox"/>
Tuesday – Vocabulary	<input type="checkbox"/>
Wednesday – Listening	<input type="checkbox"/>
Thursday – Speaking	<input type="checkbox"/>
Friday – Reading	<input type="checkbox"/>
Saturday – Writing	<input type="checkbox"/>
Sunday – Review	<input type="checkbox"/>

New Words I Learned This Week

1. _____
 2. _____
 3. _____
 4. _____
 5. _____
-

Weekly Reflection

What did I do well this week?

What was difficult?

What will I focus on next week?

Visit www.immimms.com for free English learning resources, CELPIP preparation, and newcomer support.